



## A Healthy Rabbit Diet

### ■ Hay

Timothy or grass hay available at all times for a healthy bowel and trimmed teeth. Alfalfa is good for babies, underweight, or elderly rabbits; too rich for healthy adult rabbits. Don't store hay in an airtight container and check for mold or insects before feeding.

### ■ Water

Fresh water at all times; changed daily. Heavy crock or bowl or a water bottle that is not stuck. Some rabbits prefer drinking from a heavy ceramic crock.

### ■ Pellets

Alfalfa or Timothy  
Up to 7 months old free feed.  
1/4 cup per 4 pounds of body weight.  
Protein level 14-16% to help prevent obesity.  
Fiber 18% to promote a healthy bowel.  
Fat 3% or lower; 1.5 % is better.  
Stay away from pellets that contain dried fruit and seeds.

### ■ Vegetables

Approximately 1 cup of washed veggies daily. Introduce veggies slowly to reduce the likelihood of diarrhea.

### ■ Snack Food

Papaya tablets  
Fruits in small amounts (about 1 Tbsp)  
Unsweetened shredded wheat.  
Crackers, most cereals, and sweets are not recommended because they can cause weight gain and bowel upset.

### ■ Some Rabbit Safe Vegetables and Fruits

Apple (not seeds)	Clover	Mint
Arugula	Collard greens	Mustard greens
Banana	Dandelion (all)	Papaya
Basil	Dill	Parsley
Beet tops	Endive	Peach
Blackberry (leaves, stems, fruit)	Escarole	Pear
Blueberry	Fennel	Pineapple
Broccoli	Grapes	Radish tops
Cantaloupe	Honey Dew melon	Raspberry (leaves, stems, fruit)
Carrot (tops and root)	Kale	Sage
Celery (short pieces)	Lemon Balm	Spinach
Chard	Lettuce (Romaine, leaf)	Strawberry
Cilantro	Marigold	Watercress
	Marjoram	